



Radiation prevention caused by technology

With modern day technology the risk of radiations on our bodies and brains is more likely than before. For example prolonged use of mobile phones, screens and microwaves can pose a high risk.

Smart phones have the potential to also be used as transmitters by using different types of connecting technologies such as wifi, blue tooth and body sensors.

To minimise the propagation of radiations we should make sure that the equipment we use is safe, including apps and the surrounding environments.

To do so we need to look at the following:

1. Guidelines for mobile phone usage
2. App screening before they are included on app stores
3. Preventative measures for inappropriate usage of body sensors
4. Guidelines for building insulation including wall and ceilings
5. Create modern appropriate preventative laws
6. Examine impact of body sensors
7. Nutrition guidelines
8. Measures to limit propagation